**TOWER HAMLETS HOMES DETACHED SUMMER PROGRAMME 2021**

**By Osmani Trust**

**Bethnal Green**

**(Chicksand, Collingwood, Middleton Green)**

1. In ORANGE are the sessions delivered for young people of Middleton Green and neighbouring estates.
* Sessions will typically be on Monday’s and Tuesday’s.
1. In LIGHT GREEN are the sessions delivered for the young people of Collingwood estate and the neighbouring estates.
* Sessions will typically be on Wednesday’s and Thursday’s
1. In LIGHT BLUE are the sessions delivered for young people of Chicksand estate and the neighbouring estates.
* Session will typically be on Monday’s, Thursday’s and Friday

***Some activities may change subject to availability on booking.***

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| **Date** | **Session start time** | **Session end time** | **Name of activity or session type*****E.g.*** *Health Workshop* | **Description** | **Venue** | **Total Places available for young people** |
|  | **WEEK 1- 02/08/2021 to 08/08/2021** |  |
| 02/08/2021Middleton Green | 16:00 | 19:00 | Registration/ Introduction | We will be encouraging YP and parents to attend on the opening day to sign up, meet the youth workers and find out what’s on offer. The youth session will compose of many taster non-contact sports activities throughout the afternoon. | Middleton Green (Marquee set up next to the football pitch)  | n/a  |
| 02/08/2021Chicksand Estate | 16:00 | 19:00 | Registration/ Introduction | We will be encouraging YP and parents to attend on the opening day to sign up, meet the youth workers and find out what’s on offer. The youth session will compose of many taster non-contact sports activities throughout the afternoon. | Chicksand Sunken Pitch (Marquee set up next to the football pitch) | n/a |
| 03/08/2021Middleton Green | 16:00 | 19:00 | Group Excursion:Golf- Driving Range | A driving range is perfect for beginners to learn how to hit a golf ball. Take as long as you like without the pressure of other golfers, Stand in one place and just reload without losing any of your own golf balls! | Greenwich Peninsula, London SE10 0QE | 12 max |
| 04/08/2021Collingwood estate | 16:00 | 19:00 | Registration/ Introduction | We will be encouraging YP and parents to attend on the opening day to sign up, meet the youth workers and find out what’s on offer. The youth session will compose of many taster non-contact sports activities throughout the afternoon. | Collingwood estate (Marquee set up next to the football pitch) | n/a  |
| 05/08/2021Collingwood estate | 16:00 | 19:00 | Group Excursion:Golf- Driving Range | A driving range is perfect for beginners to learn how to hit a golf ball. Take as long as you like without the pressure of other golfers, Stand in one place and just reload without losing any of your own golf balls! | Greenwich Peninsula, London SE10 0QE | 12 max |
| 05/08/2021Chicksand Estate | 16:00 | 19:00 | Members only BBQ | Exclusive to summer programme participants only. | Chicksand Sunken Pitch  | 35 max |
| 06/08/2021Chicksand Estate | 16:00 | 19:00 | Boxing for Beginners | Non-contact outdoor boxing coaching and fitness session, delivered by qualified trainer. | Chicksand Sunken Pitch  | 15 max |
|  | **WEEK 2- 09/08/2021 to 15/08/2021** |  |
| 09/08/2021Middleton Green | 16:00 | 19:00 | Members only BBQ | Exclusive to summer programme members of Middleton Green | Middleton Green | 30 max |
| 09/08/2021Chicksand Estate | 16:00 | 19:00 | Indoor Sports  | We will use the sports hall space to accommodate 1 or more sports activity.  | Osmani Sports Hall | 10 max |
| 10/08/2021Middleton Green | 15:30 | 18:30 | Boxing for Beginners  | Non-contact outdoor boxing coaching and fitness session, delivered by qualified trainer. | Middleton Green grass area | 15 max |
| 11/08/2021Collingwood estate | 16:00 | 19:00 | Members only BBQ | Exclusive to summer programme members of Middleton Green | Collingwood estate | 30 max |
| 12/08/2021Collingwood estate | 16:00 | 19:00 | Outdoor sports  | Deliver estate based sports and games sessions chosen by young people on the day | Collingwood estate | 30 max |
| 13/08/2021Chicksand Estate | 16:00 | 17:30 | Boxing for Beginners  | Non-contact outdoor boxing coaching and fitness session, delivered by qualified trainer. | Chicksand Sunken Pitch  | 15 max |
| 13/08/2021Chicksand Estate | 17:30 | 19:00 | Football/ Freestyling  | Football freestyle challenge will get young people to show off their skills and hit targets. Prizes will be given to winners  | Chicksand Sunken Pitch  | 20 max |
|  | **WEEK 3- 16/08/2021 to 22/08/2021** |  |
| 17/08/2021Middleton Green | 16:00 | 19:00 | Group Excursion: Go-Karting  | With 1050 metres of professionally designed race track waiting to be put to the test, Capital Karts easily boast the UK’s longest indoor go karting track  | **Capital Karts Ltd**Unit 1,Rippleside,London,IG11 0RJ | 10 max |
| 18/08/2021Collingwood estate | 16:00 | 19:00 | Group Excursion: Go-Ape | Challenge yourself as we climb and walk at various heights. Can this be the experience that pushes you to your limit or will it take your confidence to another new level. | Battersea Park, London SW11 4NJ | 10 max |
| 19/08/2021Collingwood estate | 16:00 | 19:00 | Boxing for Beginners  | Non-contact outdoor boxing coaching and fitness session, delivered by qualified trainer. | Weavers field, Mape Street, London E2 6HW | 10 max |
| 20/08/2021Chicksand Estate | 16:00 | 19:00 | Group Excursion: Go-Karting  | With 1050 metres of professionally designed race track waiting to be put to the test, Capital Karts easily boast the UK’s longest indoor go karting track  | **Capital Karts Ltd**Unit 1,Rippleside,London,IG11 0RJ | 10 max |
|  | **WEEK 4- 23/08/2021 to 29/08/2021** |  |
| 23/08/2021Middleton Green | 16:00 | 19:00 | Football/ Freestyling  | Football freestyle challenge will get young people to show off their skills and hit targets. Prizes will be given to winners  | Middleton Green pitch | 10 max |
| 23/08/2021Chicksand Estate | 16:00 | 19:00 | Group Excursion: Go-Ape | Challenge yourself as we climb and walk at various heights. Can this be the experience that pushes you to your limit or will it take your confidence to another new level. | Battersea Park, London SW11 4NJ | 10 max |
| 24/08/2021Middleton Green | 16:00 | 19:00 | Group Excursion: Go-Ape | Challenge yourself as we climb and walk at various heights. Can this be the experience that pushes you to your limit or will it take your confidence to another new level. | Battersea Park, London SW11 4NJ | 10 max |
| 25/08/2021Collingwood estate | 16:00 | 19:00 | Group Excursion: Go-Karting  | With 1050 metres of professionally designed race track waiting to be put to the test, Capital Karts easily boast the UK’s longest indoor go karting track  | **Capital Karts Ltd**Unit 1,Rippleside,London,IG11 0RJ | 10 max |
| 26/08/2021Collingwood estate | 16:00 | 19:00 | Boxing for Beginners  | None contact outdoor boxing coaching, delivered by qualified trainer.  | Collingwood estate (Football Pitch) | 10 max |
| 27/08/2021Chicksand Estate | 16:00 | 17:30 | Tennis, Foot Tennis and table tennis | If there is a large interest we will set the activity as a competition and give out prizes for winners  | Chicksand Estate  | n/a |
| 27/08/2021Chicksand Estate | 17:30 | 19:00 | Outdoor sports  | Deliver estate based sports and games sessions chosen by young people on the day | Chicksand Estate  | n/a |

Additional activities that we will be providing which will not form as part of any one particular site, rather be offered across all three sites

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| Date/ Time16/08/2021 (tbc)1 Full Day Course | Tbc | Tbc | Compulsory basic training (CBT) | CBT Moped & Motorcycle training would help gain jobs in the courier/delivery industry | Tbc  | 8 Max |