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| Tower Hamlets Homes Summer ProgrammePoplar & Limehouse |
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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| 25 | July 26 | 27 | 28 | 29 | 30 | 31 |
|  | 5-8pm Badminton Interactive Room  | Thorpe park Trip  | 5-8pm Football , BadmintonVolleyball |  | 5-8pm Football , Table Tennis,Basketball | 11-5Football coaching , Basketball and women’s fitness class  |
|  1 4-7 Football, interactive room, basketball.  | 5-8pm 2Badminton Interactive Room  |  3Cinema trip  |  5-8pm 4Football , BadmintonVolleyball 4 |  5 |  5-8pm 6Football , Table Tennis,Basketball 6 |  11-5 7Football coaching , Basketball and women’s fitness class  |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 4-7 Football, interactive room, basketball.  | 5-8pm Badminton Interactive Room  | Cinema trip | 5-8pm Football , BadmintonVolleyball |  | 5-8pm Football , Table Tennis,Basketball | 11-5Football coaching , Basketball and women’s fitness class |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 4-7 Football, interactive room, basketball.  | 5-8pm Badminton Interactive Room  | Watersports trip | 5-8pm Football , BadmintonVolleyball |  | 5-8pm Football , Table Tennis,Basketball | 11-5Football coaching , Basketball and women’s fitness class |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 4-7 Football, interactive room, basketball.  | 5-8pm Badminton Interactive Room  | Watersports trip | 5-8pm Football , BadmintonVolleyball |  | 5-8pm Football , Table Tennis,Basketball | 11-5Football coaching , Basketball and women’s fitness class |
| 29 | 30 | 31 |  |  |  |  |
| 4-7 Football, interactive room, basketball.  | 5-8pm Badminton Interactive Room  |  |  |  |  |  |